

**Welcome to**

***MEN'S  
FRATERNITY!***

Week 3

Looking Back

# Flu mania 2009

## Two different flu diseases

--Swine flu / H1N1

--Seasonal flu

# Swine flu / H1N1

- Cold symptoms, cough, sore throat, fever, achiness, last 4-5 days
- Started last April, some over summer, epidemic here now
- Mainly school aged kids
- Rarely severe, usually self limited
- High risk – children <5 y/o, underlying medical conditions, pregnant women, >50 y/o, long term aspirin treatment
- Vaccine available next few days/weeks (your government is in charge!! God help us..)

# Seasonal flu

- Different disease, different vaccine
- Vaccine available for 2 months, supply?
- Appears Nov, peak Jan-Feb, gone March
- Usually more fever, lasts longer, feels worse than swine flu
- Vaccine recommended for kids 6 mos-18yrs, >50 y/o, underlying medical conditions, pregnancy

# FAQ's

- You cannot get flu from the vaccine – don't tell me your story, it doesn't happen.
- Reactions to vaccine usually local tenderness, occasional achiness for a day.
- 2 vaccine types – injection and nasal spray, both work, both safe
- Both swine and seasonal flu vaccines made with proven tech, tested
- Doesn't matter where you get it

Latest info....

[www.texasflu.org](http://www.texasflu.org)

[www.flu.gov](http://www.flu.gov)

From last week.....

*The Four Faces of Man*

The King Face

The Warrior Face

The Lover Face

The Friend Face

# MANHOOD'S 4 FACES

## Face #1: THE KING

Righteous energy

Characterized by:

- Strong Convictions
- Courageous Moral Choices
- A Servant Spirit
- Righteous Leadership

# MANHOOD'S 4 FACES

Face #2: THE WARRIOR

Conquering energy

Characterized by:

- Initiative
- Protecting
- Providing
- Persevering
- Fighting

# MANHOOD'S 4 FACES

## Face #3: THE LOVER

### Romantic energy

#### Characterized by:

- Tenderness
- Sensitivity
- Sacrificial Care
- Emotional Openness
- Physical Affection

# MANHOOD'S 4 FACES

## Face #4: THE FRIEND

### Connecting energy

#### Characterized by:

- Loyalty / long term / trust
- Accountability
- Fun
- Challenge to each other
- Shared values

Our new *Manhood*  
*language*.....

speaking to each other  
at a new, substantive  
level

# Our Manhood Plan !!

- Authentic men have a "*pro-active*" plan, a guide, a vision.
- Unauthentic men live a "*re-active*" life, drifting from one thing to another, with no end in sight.

# My Manhood Plan!

- A Look Back
- A Look at Now
- A Look Ahead
- Then leave Mens Fraternity with your personal vision for the rest of your life....

*LOOKING BACK ...*

*Every man has a story*

*“Up Close and Personal”*

*The flashback over a life...*

*Unpacking the suitcase.....*

# Learning our own story

- Many men have not taken the time to know and understand their own story, which has directed and influenced how we are and who we are today.
- Some men fail to address the themes and forces that shape them, and determine their life.
- Do you know and understand *your* story?
- Can you explain *you* to *you*?
- The unexamined life.....

# The Mark Smith story..

- 1950's midwest family...
- Church was a civic, societal issue...
- Stay at home mom, little brother Reed

LOOKING BACK ...

Unpacking the suitcase

Good moments...

Noble moments...

Missed moments...close  
but distant...

# LOOKING BACK ...

A. Every man has a story. Every man's story is unique. Every man must know his story. I am not alone.

Some of our story is good, some noble, some painful, some shameful....

# LOOKING BACK ...

A. Every man has a story. Every man's story is unique. I am not alone.

B. When a boy fails to connect with his Dad, demons, of one kind or another, often fill the void.

Men fill these holes with cheap, tragic substitutes - work, addictions, pornography, power games – to replace something that should have been there, but wasn't.

# LOOKING BACK ...

C. Many men have yet to reckon with their past or close out the unfinished business that still lives there

A dad and his son talk about what they think about each other, perhaps for the very first time...

- Many men have yet to reckon with their past or close out the unfinished business that still lives there
- Denial – “that’s ancient history”
- Lack of courage – this is not a feel good business
- Ignorance – of the power of these forces
- Refusal - to acknowledge the evil they have left behind
- Use - their past as an excuse
- Fail to acknowledge the rich heritage they possess

# LOOKING BACK ...

D. Until a man unpacks his past and deals with the themes and pain that reside there, he can never be an Authentic Man.

It is boyhood, not manhood to..

- Cling to a unhealthy past
- Use the past to justify unhealthy life
- Constantly run from the past

# LOOKING BACK ...

E. You cannot become an Authentic Man without help from other men. There is no such thing as a “self-made man.”

# LOOKING BACK ...

F. For better or worse, we are all significantly shaped by the kind of family life we experienced.

We are products of our past, but we are NOT prisoners of our past, unless we ignore, deny, or surrender to our past. That's why unpacking is critical.....

***Next week...beginning  
to Look Back.***

**Get busy living, or get  
busy dying...**

Lesson Outline next slides

# ***Session Three***

## ***The First Step to Authentic Manhood: Looking Back***

***To recap from last week:***

### ***The Four Faces of Man***

- ***The King Face***
- ***The Warrior Face***
- ***The Lover Face***
- ***The Friend Face***

***To begin this week:***  
***Your personal Manhood Plan!***

***Handout is a separate attachment***

## When an Authentic Man looks back on his life

1. Every man has a story. Every man's story is unique. I am not alone.
2. When a boy fails to connect with his dad, demons of one kind or another fill the void.
3. Many men have failed to reckon with their past or dealt with the unfinished business that still lives there.
4. Until a man unpacks his past and deals with the themes and pain that still live there, he can never be an Authentic Man.
5. No one can become an authentic man without help from other men. There is no such thing as a "self-made" man.
6. For better or worse, we are all shaped by the family life we experienced. We are products of our past, but we are not prisoners of our past.

## **Questions for discussion:**

- 1. Why do many men resist “unpacking their bags?” What do they fear?**
- 2. Were there “noble moments” in your family life? Who provided them? Why do you remember them? How have they shaped you?**
- 3. If they did an “up close and personal” segment on you, what would they highlight?**
- 4. What would a stranger visiting your home where you grew up notice most about your family?**
- 5. What kind of “demons” have you seen fill men’s lives?**